

PRINCETON COMMUNITY HOSPITAL IN THE KNOW



Physical Medicine Offers Advanced, Non-Surgical Pain Treatment

PCH Breaks Ground on
Bluefield Campus and
Landmark Cancer Center

Specialty Diabetes Care Arrives

Certified Stroke Care at PCH

FEB
2026



 **WVU**Medicine

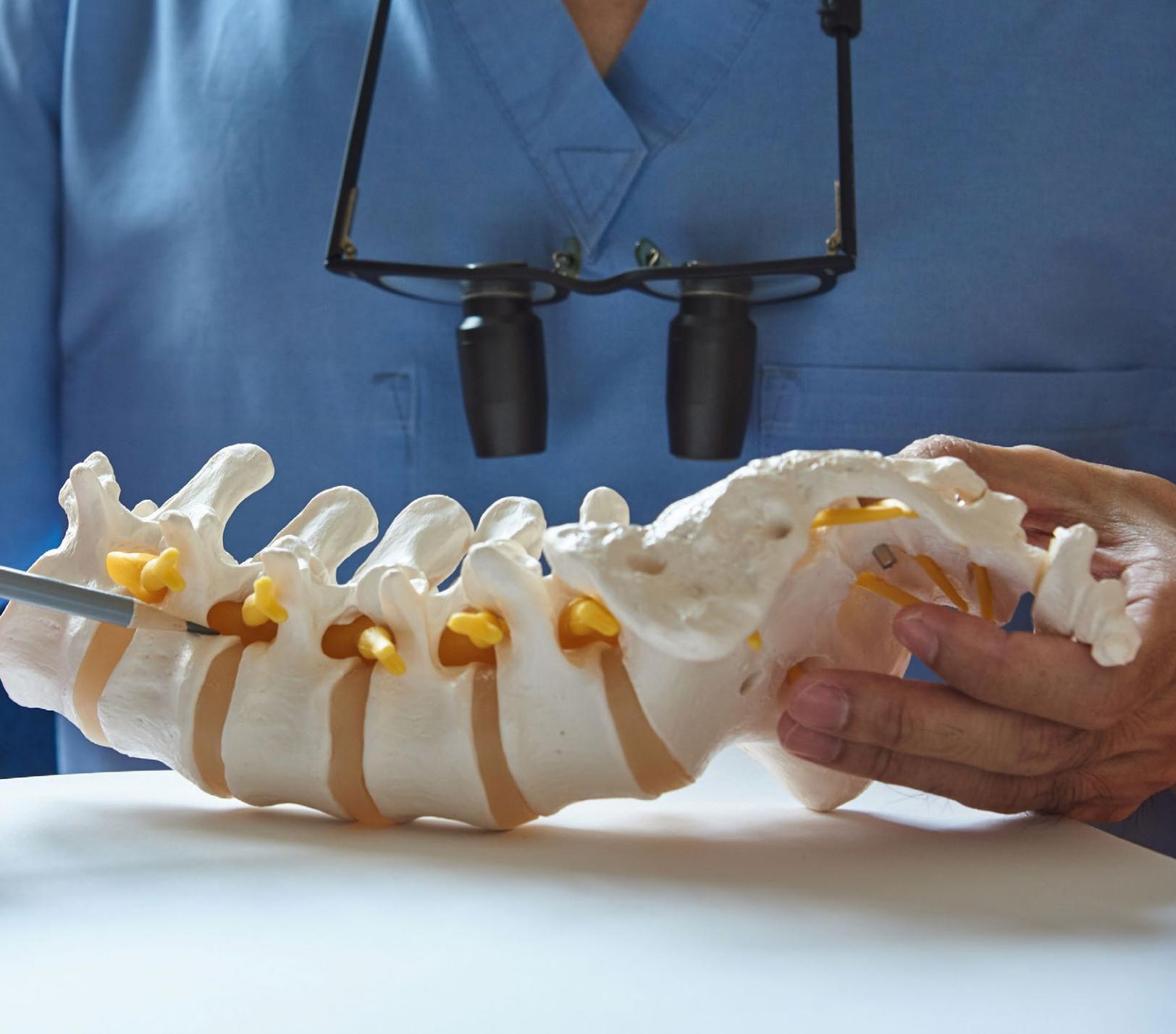
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FEATURE STORY

Physical Me Advanced, I Pain Treatm



Physical Medicine Offers Advanced Non-Surgical Treatment

Advanced diagnostics and comprehensive treatment for musculoskeletal and chronic pain are now available at PCH Physical Medicine

From an early age, Ethan Colliver, DO, knew he wanted to be a doctor. During his medical training, his interest in musculoskeletal medicine led him to pursue a residency in physical medicine and rehabilitation. This decision allowed him to combine his whole-person approach to care with his passion for patient education.

“Everyone experiences pain from time to time,” said Dr. Colliver, who is board-certified in physical medicine and rehabilitation. “But my goal isn’t just to help patients recover; I also want to identify factors that predispose patients to pain or injury, educate them on proper body mechanics, and develop a plan to prevent future problems.”

Whole-Person, Interdisciplinary Care

When a patient first comes to the Physical Medicine clinic, Dr. Colliver uses state-of-the-art diagnostic technology including electromyography (EMG), nuclear magnetic resonance imaging (NMRI), and nerve conduction studies (NCS) to assess their condition.



Dr. Colliver is bringing much-needed services to patients in Princeton and the surrounding area who are living with musculoskeletal or chronic pain.

After making a diagnosis, Dr. Colliver works closely with the patient’s primary care provider and colleagues in radiology, physical therapy, neurosurgery, behavioral health, social work, nutrition, pharmacy, orthopedics and neurology to develop a personalized treatment plan.

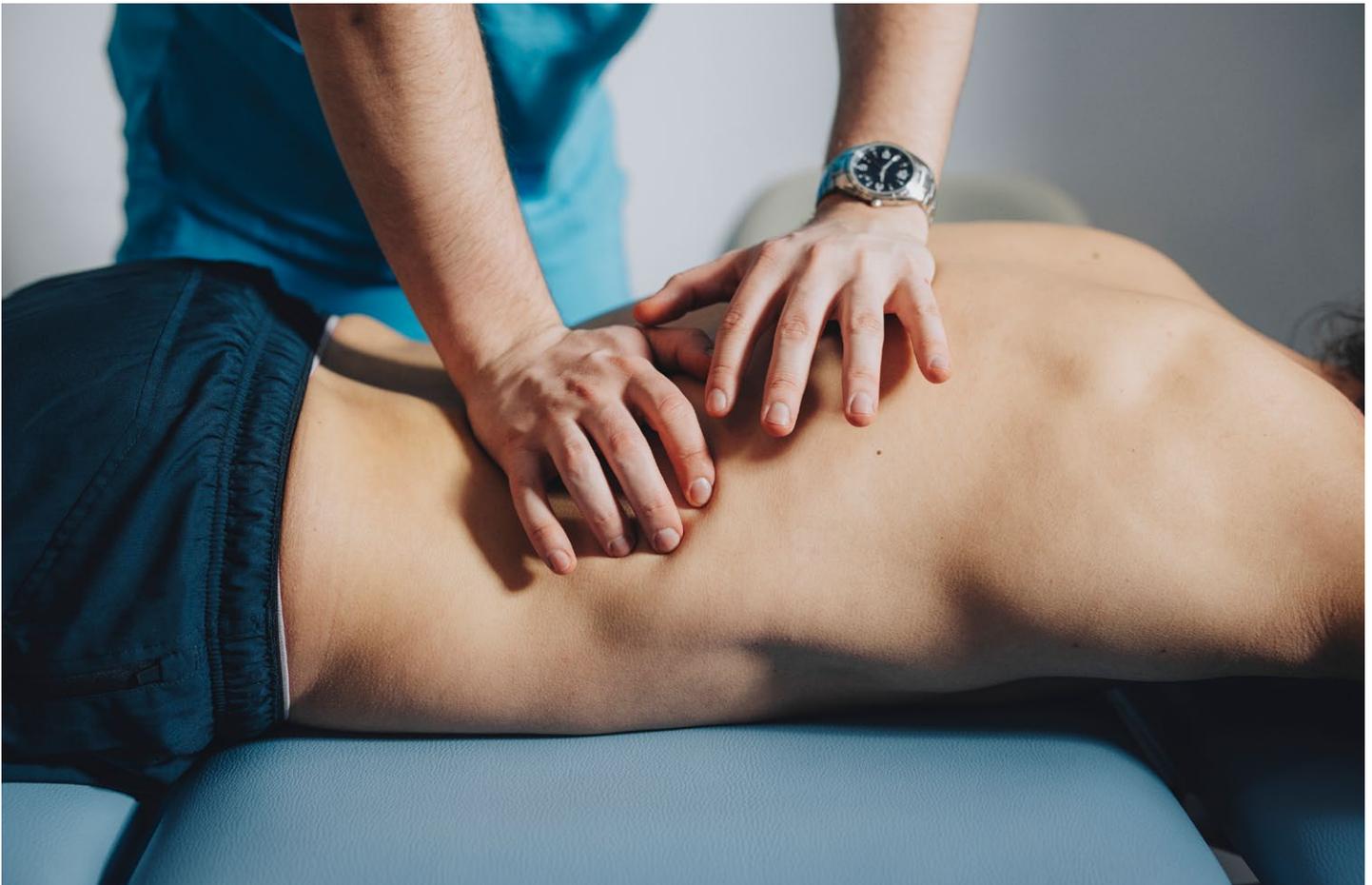
“We recognize that pain can have a negative impact on all aspects of a patient’s life, including physical functioning, socializing, mental health and more,” said Dr. Colliver. “As part of our mission to deliver comprehensive care, our treatment plans may include psychosocial care from behavioral health and social work experts.”

Innovative Options for Non-Surgical Treatment

Dr. Colliver said his No. 1 prescription is physical therapy and exercise. If needed, additional treatment may include:

- spinal interventions
- epidural injections
- nerve blocks
- osteopathic manipulation
- neuromodulation
- kyphoplasty
- other therapies to help patients better tolerate their rehabilitation program.

“Epidural steroid injections can help improve range of motion in patients with pinched spinal nerves, and nerve blocks can be used to block pain signals in people who have arthritis,” said Dr. Colliver. “We also offer a procedure called kyphoplasty, which is a minimally invasive procedure to treat spinal compression fractures by restoring height in the spinal bone and injecting bone cement to stabilize it.”



Dr. Colliver also offers innovative neuromodulation procedures that use low-voltage electrical currents to modify pain signals before they reach the brain. The procedures involve placing a small wire near an overactive nerve and connecting it to a battery pack. The battery pack sends short electrical pulses that alter nerve activity.

“We use real-time x-ray technology called fluoroscopy to place neuromodulation devices in the spine, and musculoskeletal ultrasound to place devices in other areas of the body,” said Dr. Colliver. “We also use electrical energy to perform radiofrequency ablation procedures. By burning the nerves that cause joint or spine pain, we can provide relief that lasts up to 18 months.”

A Warm Welcome from the Community

Since launching the clinic in October, Dr. Colliver said it has been an honor to care for residents of Princeton and nearby communities.

“I’ve received a warm welcome from members of the community,” said Dr. Colliver. “I love what I do, and I look forward to providing education and treatment that helps patients stay healthy and active. Now, patients don’t need to travel three or more hours round-trip to access physical medicine and rehabilitation care.” ■

SCHEDULE AN APPOINTMENT

Most health insurers require a referral to the Physical Medicine clinic. Ask your primary care provider to fax a referral to 304-487-7235.

Physical Medicine

Operated by Princeton

Community Hospital

150 Courthouse Rd St 101D

Princeton WV 24740

Phone: 304-425-7127

Fax: 304-487-7235



Building Care Where It Matters

PCH Breaks Ground on Bluefield Campus and Landmark Cancer Center

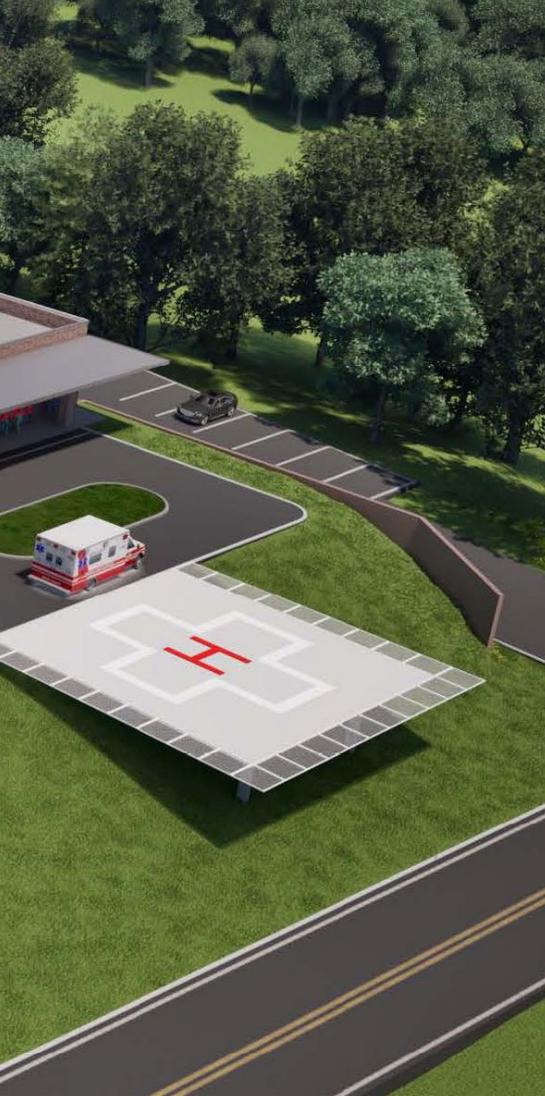
PCH is celebrating an exciting chapter in the hospital's history through investments in facilities and service expansions that will enhance healthcare access and support community health for years to come.

BLUEFIELD CAMPUS TO BRING EXPANDED SERVICES TO MERCER COUNTY

In June 2025, PCH broke ground on its new Bluefield Campus, a transformative \$25 million

project that will significantly enhance emergency, medical imaging, and behavioral health services for southern West Virginia and southwest Virginia.

Scheduled to open in Fall 2027, the Bluefield Campus, located at 1333 Southview Drive, includes a 24,000-square-foot addition and an 18,000-square-foot renovation to an existing facility that currently houses PCH's 64-bed behavioral health hospital. The expansion will consolidate PCH's Bluefield services into a single facility that is highly visible from Route 460, the main traffic artery through Mercer County.



Expanded emergency and observation care

Expanded emergency and observation services at the Bluefield Campus will include:

- Twenty exam rooms, including two rooms designed for psychiatric intake
- Two resuscitation rooms and two triage rooms
- OB-ready and trauma rooms.
- Centralized care team support stations
- Dedicated patient and ambulance entrances

Adjacent to the ED, the new 10-bed observation unit will provide flexible capabilities for extended monitoring.

These rooms will serve patients who need more time to be monitored but don't meet the criteria for admission to the hospital. For comfort, each observation room will include a private toilet, and the unit will feature an "Individual of Size" room to ensure inclusive care.

Comprehensive diagnostic and outpatient services

The Bluefield Campus will also be home to advanced medical imaging, walk-in lab, respiratory therapy, and diagnostic services. The Imaging Suite will feature:

- **Diagnostic radiology:** Two radiology rooms
- **Computed tomography (CT):** One CT scanner
- **Magnetic resonance imaging (MRI):** One MRI scanner
- **Ultrasound:** Two ultrasound rooms

Safe Haven Baby Box

As part of its commitment to protecting vulnerable lives, the Bluefield Campus will install a Safe Haven Baby Box, becoming the first in southern West Virginia to offer this life-saving resource.

This climate-controlled, padded device allows parents in crisis to safely and anonymously surrender a newborn up to 30 days old, as permitted under West Virginia's Safe Haven Law. After a baby is placed inside, a silent alarm immediately alerts hospital staff to respond and provide care.

Reimagined behavioral health care

As part of the groundbreaking ceremony, PCH also unveiled a new name for its behavioral health services, which will now be known as the PCH Behavioral Health Center (BHC). The BHC will continue to offer 24-hour, hospital-based mental health care for adults and older adults, along with scheduled counseling services ranging from traditional to intensive levels of support.

By co-locating behavioral health services with emergency, laboratory, and diagnostic capabilities at the new Bluefield Campus, patients will benefit from more seamless access to the full spectrum of care they may need.

“The Bluefield Campus project is about more than bricks and mortar; it’s about giving our families, friends, and neighbors access to the kind of care they deserve, right here at home,” said Karen Bowling, PCH president and CEO.

CONSTRUCTION BEGINS ON COMPREHENSIVE CANCER CENTER

In August 2025, PCH marked the start of construction on a two-story, 45,500-square-foot comprehensive cancer center that will bring advanced cancer care closer to home for patients in the Two Virginias region.

The more than-\$35 million project represents the largest investment in cancer services ever made in the region and underscores WVU Medicine’s commitment to improving access to world-class care in communities in every part of the state.

When completed in late 2027, the cancer center will house the latest, most-advanced technologies including a Varian Halcyon linear accelerator for radiation therapy and treatments, and a CT scanner that enhances diagnostic precision to aid in treatment planning. Additional features will include:



A patient-first design

Following exhaustive planning and review, the new cancer center design emphasizes the patient experience:

- Welcoming entry lobbies and waiting areas are oriented to capture daylight and soothing views
- Simplified wayfinding and corridors that end in windows help patients and families navigate with ease, while filling interior spaces with natural light
- Convenient patient drop-off and accessible parking create a low-stress arrival, while expanded staff parking supports the growing care team
- A dedicated ambulance drop-off for emergent cases ensures rapid access when needed

Comprehensive cancer care

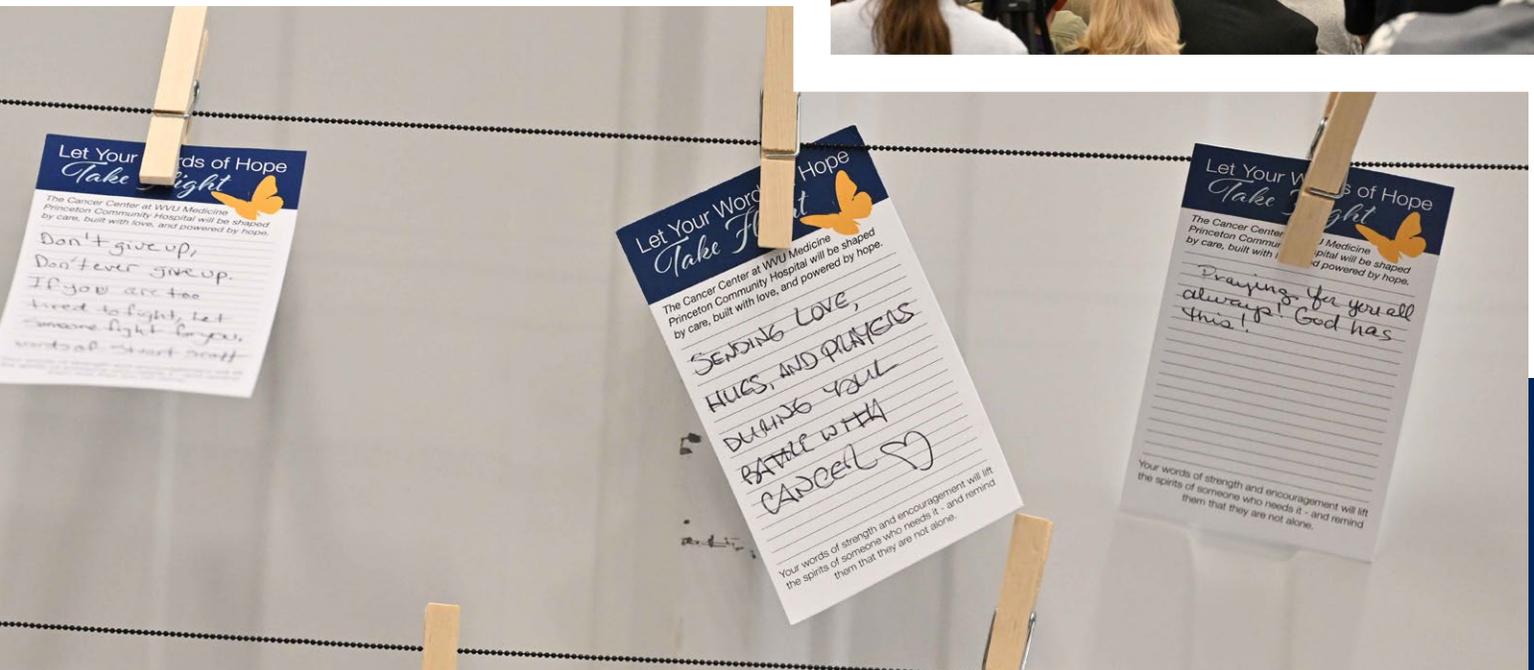
The center will integrate services in one location for patient convenience and continuity of care:

- A direct connection to the existing oncology clinic for seamless coordination of care
- A light-filled infusion center with glass walls offering natural views and social interaction opportunities during treatment
- Decentralized nurse stations throughout the facility to strengthen the staff-patient connection
- A full-service pharmacy to support comprehensive treatment plans

Through a connection with the WVU Cancer Institute, patients in the region will have access to new treatments and specialists, and a greater ability to participate in clinical trials.

But most importantly, the cancer center will serve as the centerpiece of PCH's vision to transform cancer outcomes in a region that has the highest cancer rates and mortality in the nation.

"This new facility marks another important milestone in our commitment to expand world-class cancer care to every corner of West Virginia," said Albert L. Wright, Jr., president and CEO of the WVU Health System. "From one end of our state to the other, we are extending our expertise in cancer care by bringing advanced treatments, clinical trials, and hope closer to home for our patients and their families." ■





Three Years. Measurable Change. National Results.

Just three years after joining WVU Medicine, Princeton Community Hospital is no longer just improving, it's outperforming.

PCH has been named one of America's 250 Best Hospitals, placing it in the top 5% of hospitals nationwide for overall clinical performance. Even more striking: PCH is now #1 in West Virginia for Pulmonary Care and ranked among the nation's top hospitals for treating the conditions that matter most when lives are on the line.

These distinctions from Healthgrades are based on one thing only: patient outcomes including survival rates, complication rates, and consistency of care.

What PCH has earned:

- One of America's 250 Best Hospitals (Top 5% nationally)
- #1 in West Virginia for Pulmonary Care
- America's 100 Best Hospitals for Pulmonary Care
- Pulmonary Care Excellence Award
- Top 5% in the Nation for Overall Pulmonary Services
- Five-Star Ratings:
 - Heart Attack
 - Heart Failure*
 - COPD*
 - Pneumonia*
 - Bowel Obstruction
 - Sepsis
 - Respiratory Failure*
- Specialty Excellence Awards:
 - Cardiac Care
 - Pulmonary Care
 - Gastrointestinal Care
 - Critical Care

What's driving the change?

- Major investments in advanced technology
- Strategic physician recruitment
- System-wide quality and safety improvements
- A relentless focus on outcomes

This recognition reflects real improvements in care for patients and an ongoing commitment to Leading Health in the Two Virginias. ■

**(Two years in a row)*



Specialty Diabetes Care Arrives

PCH Opens New Endocrinology Clinic



PCH has opened a new endocrinology clinic to improve access to specialized care for diabetes and other hormone-related conditions.

The clinic uses a blended care model that combines local, in-person care with the expertise of academic specialists from WVU Medicine. Day-to-day care is provided by Stephanie Hamilton,

PA-C, an advanced practice provider specializing in endocrinology. She is supported by WVU Medicine endocrinologists through telemedicine, allowing for ongoing collaboration, specialty consultation, and coordinated care.

In addition to this continuous, virtual physician support, the clinic offers monthly in-person visits with endocrinology physicians, expanding access for patients who require complex evaluation or physician-led management.

Visiting physicians include Dr. Nadia Barghouthi, a board-certified endocrinologist trained at the West Virginia University School of Medicine, and Dr. Christopher McCartney, board certified in internal medicine/endocrinology, diabetes and metabolism who earned his medical degree at the University of Mississippi.

The PCH Endocrinology Clinic will serve patients across the hospital's

10-county service area and is open to new patients by referral from a primary care provider. Patients currently traveling to Morgantown for endocrinology care may transfer to the new clinic for more convenient and more frequent visits.

“Managing diabetes effectively can truly transform lives,” said PCH President and CEO Karen Bowling. “It helps prevent serious complications such as heart disease, vision loss, and vascular problems. The earlier patients receive the right care, the better their long-term outcomes.”

For more information or to schedule an appointment, patients should contact the PCH Endocrinology Clinic. ■

WVU Medicine PCH Endocrinology Clinic

608 New Hope Road, Suite 1
Princeton, WV
Phone: (304) 327-1195
Fax: (304) 327-1194



World-Renowned Pediatric Sleep Medicine Expert Joins PCH Team

Dr. David Gozal is now offering convenient, comprehensive telehealth services for children experiencing problems with sleep

For the past 45 years, board-certified pediatric pulmonologist and sleep medicine specialist David Gozal, MD, MBA, PhD (Hon), has been helping children get the quality sleep they need to learn and grow.

Today, Dr. Gozal is bringing his expertise and experience to the Sleep Center at PCH, offering comprehensive pediatric sleep medicine services to children in Princeton and surrounding communities.

“I’m deeply committed to the community in West Virginia,” said Dr. Gozal, who was named the sixth Dean of the Joan C. Edwards School of Medicine and Vice-President for Health Affairs at Marshall University in July 2023. “When I learned about the need for pediatric sleep medicine services in Princeton, I saw an opportunity to make a difference by serving children and families in the area.”

Dr. Gozal is a world-renowned sleep medicine expert, serving as an editor of major sleep medicine textbooks and medical journals, holding leadership positions in national medical societies, and contributing more than 1,000 peer-reviewed publications and book chapters to medical literature. He has also presented more than 1,250 scientific abstracts, lectured extensively worldwide, and trained numerous pediatric sleep medicine physicians.

With the support of pediatric sleep technician Renee Kirk, RRT, RPSGT, CCSH, Dr. Gozal reads sleep studies, recommends treatments and provides follow-up care for children with obstructive sleep apnea, restless leg syndrome, narcolepsy, snoring, sleepwalking, night terrors and other sleep-related concerns.

An early adopter of telehealth services, Dr. Gozal was the first pediatric sleep

medicine specialist to establish a telehealth program and has been using the technology for more than 25 years.

Dr. Gozal and Kirk agree that the Sleep Center’s monthly telehealth clinic allows them to better serve young patients and their families. By providing access to community-based care, families no longer have to drive long distances, incur travel-related expenses, or take an entire day off from work or school to attend pediatric sleep medicine appointments.

“Patients come to the Sleep Center for their telehealth visit, and I assist during the exam,” said Kirk. “Patients feel comfortable having me there to help with the technology, and Dr. Gozal has access to the patient’s EMR [electronic medical record] so he can go over the patient’s medical history and test results.”

Collaborative Care for a Crucial Aspect of Health

Kirk said the team takes a comprehensive approach to pediatric sleep medicine care. When needed, the team works collaboratively with other medical specialists to manage sleep concerns, including ear, nose,



and throat specialists, neurologists, and weight management experts.

For Dr. Gozal, serving the community and raising awareness among parents and pediatricians about the importance of quality sleep for children are paramount—and he believes the keys to successful treatment are providing quick, convenient access to quality pediatric sleep medicine care.

“We now understand that quality and quantity of sleep affect many other aspects of health.

If children snore, are grumpy, or experience daytime sleepiness, signs of ADHD, poor performance in school, or bedwetting, they could have an undiagnosed sleep disorder and would benefit from a referral to a pediatric sleep medicine specialist,” said Dr. Gozal. “Sleep is crucial, and we can address many childhood health concerns just by addressing sleep problems.” ■



SCHEDULE AN APPOINTMENT

Ask your primary care provider to fax a referral or place the order into Epic.

Sleep Center at Princeton Community Hospital
Floor 2, Main Hospital
122 12th Street
Princeton, WV 24740
304-487-7713
304-487-7743 FAX



When Every Second Counts: Certified Stroke Care at PCH



When you or a loved one is having a stroke, **every second matters**. Getting the right care quickly can save lives and reduce long-term disability. It's vital to have a certified stroke center ready to respond when it matters most.

PCH is now officially accredited as a Primary Stroke Center, confirming that patients in this region have access to high-quality, proven stroke care close to where they live.

What this means for you

As a Primary Stroke Center, PCH is prepared to treat patients with stroke symptoms quickly and effectively. Specially trained teams are ready to evaluate symptoms right away, begin treatment without delay, and start recovery care as soon as possible. This accreditation confirms that stroke care at PCH follows nationally recognized best practices.

Patients who arrive at PCH with stroke symptoms receive immediate evaluation that may include rapid imaging. When appropriate, doctors can administer clot-busting medications that help restore blood flow to the brain. After treatment, patients begin recovery services—such as physical, occupational, and speech therapy—often within 24 hours.

PCH's stroke care team is ready for emergencies and includes nurses and physicians with specialized training in stroke recognition and treatment. Emergency medical services (EMS) work closely with PCH to alert our team before a patient arrives, helping speed care even further.

Why this matters in our community

Stroke remains one of the leading causes of death and disability in West Virginia, where risk factors such as high blood pressure, smoking, and diabetes are more common. Having a certified Primary Stroke Center means patients can get life-saving care faster without unnecessary delays.

“Early treatment can make a life-changing difference,” said Dr. Stephen Rohrbough, neurologist and medical director of PCH's stroke program. “This accreditation assures patients and families that expert stroke care is available when they need it most.” ■

Pictured: Emergency Department Director Lorinda Hart, Chief Medical Officer Dr. Yoginder Yadav, Stroke Medical Director/Neurologist Dr. Stephen Rohrbough, President and CEO Karen Bowling, Stroke Program Coordinator Tabitha Billings, Emergency Physician Dr. Stephen Stefancic, Neurologist Dr. Stephen Cox, Emergency Department Director Dr. Wes Childers.

**REMEMBER FAST:
KNOW THE SIGNS OF STROKE**

F	A	S	T
Face drooping	Arm weakness	Speech difficulty	Time to call 911

If you notice any of these symptoms, call 911 immediately.

New Women's Center Resources Support Healthy, Confident Families

Expectant families at PCH have new tools to make pregnancy and delivery easier: a redesigned Women's Center website and a free, comprehensive pregnancy guide.

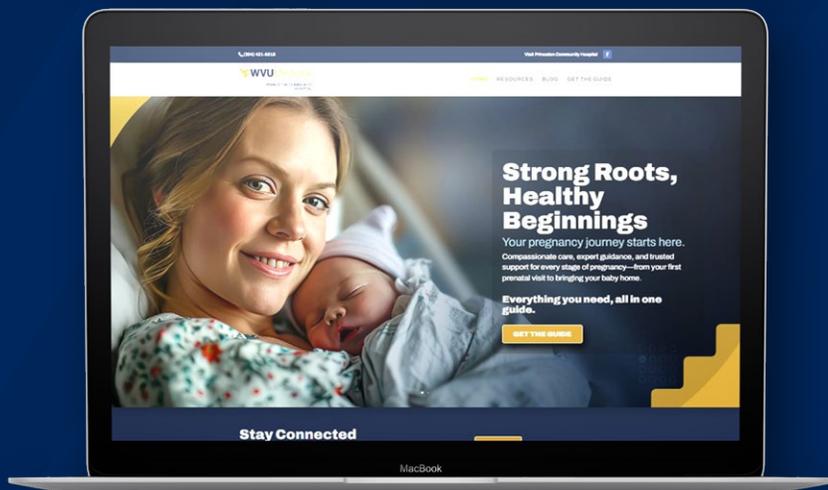
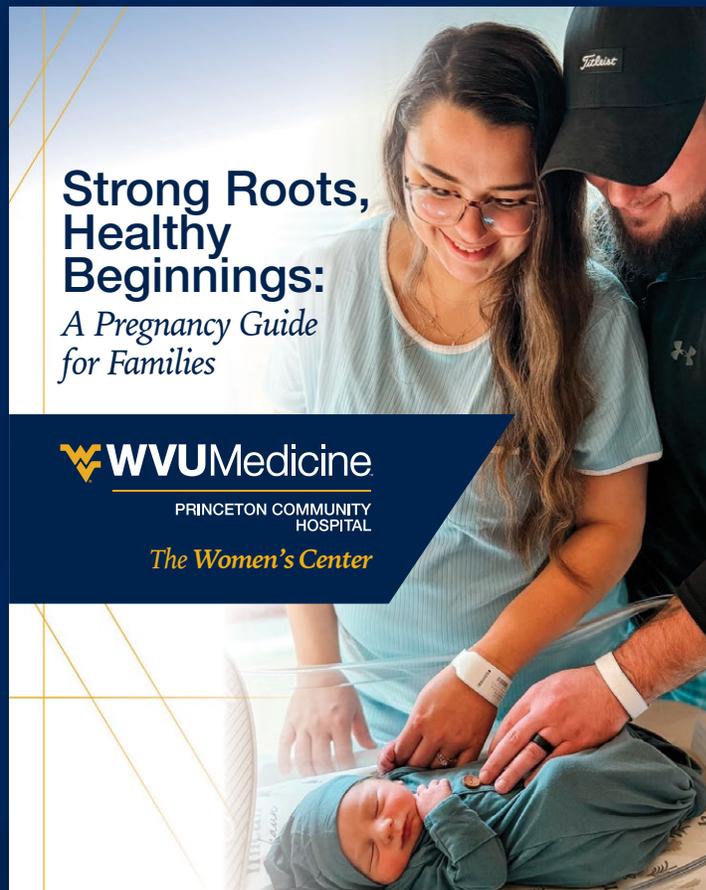
The updated website gives families quick access to essential information including visitor policies, helpful checklists, OB/GYN care resources, and a direct phone number to register for parenting classes.

The downloadable guide ***Strong Roots, Healthy Beginnings: A Pregnancy Guide for Families*** offers practical advice to promote health and confidence, including:

- How to stay healthy during pregnancy
- What to expect during labor and delivery
- Tips for feeding, changing, and soothing your newborn
- Postpartum care for moms
- Helpful resources for family support

The goal is to make every pregnancy and birth safe, comfortable, and positive. These resources give families the knowledge they need to care for themselves and their baby with confidence.

Visit pchwomenscenter.com to explore the new website and download your free guide today. ■





A NEW SPACE FOR KIDS

PCH Opens WVU Medicine Golisano Children's Unit

When a child needs hospital care, families want two things above all else: excellent medical care and reassurance that their child is safe, comfortable, and close to home. That promise is now stronger than ever at PCH with the opening of the new WVU Medicine Golisano Children's Unit.

PCH recently celebrated the opening of this newly renovated pediatric unit with a ribbon-cutting ceremony, marking an

important milestone in how children's care is delivered in southern West Virginia and southwest Virginia.

The new unit features five private pediatric patient rooms, with the ability to expand to seven rooms as community needs grow. Each room was designed with children and families in mind, prioritizing privacy, safety, and comfort during what can be a stressful time. As part of the project, nine adult

private rooms on the same unit were also fully renovated, enhancing the overall patient experience for patients of all ages.

Care that follows your child— from ER to recovery

The pediatric unit reflects PCH's comprehensive approach to children's care. From emergency treatment to inpatient hospitalization and local pediatric follow-up, care is coordinated every step of the way. When specialized expertise is needed, PCH connects families to WVU Medicine Golisano Children's subspecialists through telemedicine bringing advanced pediatric knowledge into the room without families having to travel far from home.

This integrated model ensures children receive the right level of care, at the right time, while remaining connected to the broader WVU Medicine system.

Part of a growing children's care network

The unit builds on PCH's formal affiliation with WVU Medicine Golisano Children's, announced in May 2025. Through this partnership,



PCH is expanding access to pediatric specialty expertise, strengthening care coordination, and enhancing support for local care teams while keeping care local whenever possible.

“This unit represents our commitment to families in this region to provide specialized, compassionate care for children right here at home,” said PCH President and CEO Karen Bowling. “Our affiliation allows us to combine local care teams who know our community with access to pediatric subspecialists across the state.”

The unit’s design also celebrates local connections. Animal photography featured throughout the pediatric rooms was created by Kim Ayers, a retired pediatric nurse originally from Wyoming County. Landscape photography showcasing West Virginia’s natural beauty was captured by Charleston-based photographer Rick Burgess.

The opening of the WVU Medicine Golisano Children’s Unit is part of PCH’s broader commitment to modernize facilities, expand specialty services, and ensure children and families across the region can receive high-quality care when and where they need it. ■

Pediatric telemedicine specialties:

- Adolescent Medicine
- Endocrinology
- Gastroenterology
- Genetics
- Nephrology
- Neurology
- Neurosurgery
- Pulmonary
- Urology
- Infectious Disease
- Physical Medicine and Rehab
- Orthopedics
- General Surgery
- Rheumatology
- Hematology/Oncology

Accepting new pediatric patients:

- Athens Medical Center**
304-384-7325
- Bluefield Family Medicine**
276-322-3427
- Bluefield Internal Medicine**
304-324-2661
- Princeton Community Hospital Primary Care**
304-487-7936
- Pediatrics Clinic**
304-425-0025



PCH Foundation: Helping the Hospital and Community Thrive

When the founders of the Princeton Community Hospital (PCH) Foundation launched the organization in 1989, they were on a mission to support the hospital's work and create a healthier community.

Today, led by a volunteer board and PCH Foundation Director Crystal Mabe, and with the support of generous donors, the PCH Foundation manages numerous initiatives that benefit the hospital, its patients, and the communities it serves.

"Many of our programs focus on filling gaps for patients so they can access the care they need," said Mabe.

Supporting Patients Throughout their Healthcare Journey

The Cancer Care Program, the PCH Foundation's largest program, supports patients who are facing a cancer diagnosis by providing gift cards for gas and meals, home medical equipment, nutritional

supplements, and more, easing some of the often-unexpected expenses incurred during cancer treatment. Since the program's inception, it has supported more than 1,115 patients through the distribution of more than \$105,000.

Similarly, the Hospitality Hotel Program covers lodging expenses for people who are receiving cancer treatment at PCH, as well as those who need to travel outside the area for specialized medical treatments. The program has provided more than 800 overnight stays and distributed more than \$55,000 in program funds.

"We recognize that having cancer can be devastating and expensive for a family, and many of our patients travel 40 miles or more to receive care at PCH," said Mabe. "One hundred percent of funds from the Cancer Care Program go to cancer patients. We help cover the expenses health insurance doesn't pay for, so patients can get the care they need."

The Aquatic Therapy Program supports adults and children who need rehabilitative care due to a musculoskeletal disorder, or after a stroke or surgery, and cannot afford aquatic therapy. The program is delivered by certified aquatic therapists at the Princeton Health & Fitness Center, a PCH Foundation-owned, 44,000-square-foot facility that is currently undergoing renovation to expand its capacity and programming. The center offers cardiovascular and weightlifting equipment, two indoor pools, aquatic classes, group exercise, racquetball, pickleball, basketball, dance classes, and a full childcare program.

"For some people or certain conditions, regular physical therapy is painful, whereas aquatic therapy offers less impact on the body while still achieving physical improvement," said Mabe. "This program can assist children with disabilities and patients with mobility health conditions."



“The Foundation provides hotel accommodations for me so I can receive further treatment and testing at the WVU Cancer Institute in Morgantown. **Being able to be treated at WVU has been a game changer.** The Foundation made that possible, and I will be forever grateful.”

– Veronica Bird, Athens, WV

The Supplemental Charity Program helps uninsured and underinsured people who are facing sudden health diagnoses with their medical expenses.

The program is financed through the Neighborhood Investment Program, a tax credit initiative allowing charitable organizations to apply for tax credit vouchers.

Hearts of PCH is a staff-funded program to support low-income patients with home medical equipment or medication costs.

Caring for Team Members Who Care for Others

In addition to supporting patients, the Foundation is engaged in numerous initiatives to support PCH team members.

Each year, the PCH Foundation awards \$30,000-\$40,000 in scholarship funds to 20-30 PCH employees, their family members, and non-traditional students who are pursuing careers in healthcare through the J.D. Muldoon Scholarship. The Continuing Education Fund pays for team members to attend necessary trainings, seminars, and classes to advance their skills.

The Employees That Care program is fully funded by staff donations, which are used to buy small equipment for different hospital departments.

(Story continues...)

CONGRATULATIONS TO THE 2025 MULDOON SCHOLARSHIP WINNERS

- | | |
|-------------------------|-------------------|
| Savannah Baker | Hattie Jones |
| Kristen Blevins | McKenzie Jones |
| Jessyca Boyle | Alexander Lim |
| Mason Brookman | Logan Mabe |
| Hannah Catron | Danyelle Mathena |
| Erika Dinovo Littlejohn | Isabella McPeak |
| Emma Donchetz | Haley Meade |
| Kylie Dunbar | Isabella Mullens |
| Rebekah Frey | Madison Nichols |
| Matthew Gillespie | Ashley Osborne |
| Jolie Gillespie | Olivia Potter |
| Halie Gunnoe | Kelsey Pritchard |
| Brock Halsey | Rachel Snyder |
| Kaitlyn Halstead | Emily Spradlin |
| Kaileigh Hodges | Maranda Wimmer |
| Leslie Hopkins | Stephanie Wiseman |
| Emily Jones | |



SAVE THE DATE: **LIGHT THE WAY GALA**

Make plans to attend the first WVU Medicine Princeton Community Hospital Light the Way Fundraising Gala. All proceeds will benefit the new comprehensive cancer center at PCH.

Date: March 21, 2026
Doors Open: 5 p.m.

To learn more about sponsorships, to donate a silent auction item, or to purchase tickets, contact Crystal Mabe at 304-487-7586 or email crystal.mabe@wvumedicine.org.

Year-Round Events Support Current and Future Initiatives

To continue to advance its mission of supporting the hospital's life-saving work, the PCH Foundation organizes numerous fundraising events throughout the year.

The PCH Foundation's annual golf tournament raises \$50,000-\$70,000 each year, bringing together 36 teams representing staff, physicians, community supporters, and vendors.

"The tournament sells out each year with 36 teams playing for bragging rights. Funds from the golf tournament are earmarked for a future cancer center project," said Mabe. "This tournament is about more than golf, it's an opportunity to bring our staff, vendors, and community members together to support local healthcare advancement."

Proceeds from the Swag Shop, an in-hospital store selling apparel, backpacks, mugs, and other items with the WVU Medicine PCH logo, as well as from the 2026 PCH Foundation Gala and Murder Mystery Dinner Theatre events, will also support the cancer center project.

"We are excited to host our first Gala in more than 20 years," said Mabe. "We also run numerous events throughout the year to support our charities, including our Lights of Love event and our Evening of Hope raffle basket challenge."

However, according to Mabe, none of the PCH Foundation's work would be possible without the support of a generous and caring community.

"We help lots of people through our various programs, and every gift matters," said Mabe. ■



DAISY Awards: Recognizing Nursing Excellence

Two nurses recently received the DAISY Award, an international honor recognizing the compassionate and skillful care nurses provide every day.

Rachel Rutherford, RN, Emergency Department

Rutherford's coworker, who submitted the nomination, describes Rutherford as the true embodiment of a hardworking, compassionate caregiver, someone who gives 100% to her patients and her team no matter how unpredictable or intense the ED becomes. "She advocates fiercely, listens deeply, and never lets anyone feel unseen or unheard. Her actions remind of all of us what nursing is truly about," wrote her coworker.

Helen Hubbard, RN, Behavioral Health Center

During a patient's intake to the Behavioral Health Center, Hubbard provided exceptional care that made a lasting impact. From the moment of arrival late in the evening, she approached every step of the process with patience, dignity, and unwavering commitment. Whether gathering difficult information, ensuring comfort, or even taking the time to wash a patient's clothes, Helen went above and beyond to make a frightening experience feel safe and manageable. ■



Did you have a nurse at PCH who should be recognized? Nominate them by scanning the QR code or visiting: www.daisyfoundation.org/daisy-award/thank-your-nurse-nomination

More Than a Hospital

PCH's Impact on Our Community

Hospitals are more than places where people go to heal; they are anchors of strong, healthy communities. Beyond patient care, hospitals support local jobs, invest in future generations, and help communities thrive in ways that often go unseen.

According to the most recent PCH Community Impact Report, prepared in partnership with the West Virginia Hospital Association, PCH plays a vital role in the health and economic well-being of our region. ■



1,530
TOTAL JOBS

8.1% of Mercer County Jobs



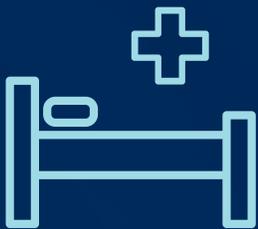
\$243.6M
TOTAL EXPENDITURES

10.9% of Mercer County's
gross domestic product



\$113.5M
IN WAGES AND BENEFITS

9.5% of wages paid
in Mercer County



247.3K
PATIENT ENCOUNTERS

Through hospital, primary care,
and specialty clinics



\$1.8M
IN PROGRAMMING

Mercer County community
programs and education



550
NURSING STUDENTS
TRAINED

Developing a local,
stable workforce



PCH Advances Organ Donation Program, Earning Platinum Recognition

In 2025, WVU Medicine Princeton Community Hospital strengthened its efforts to educate staff and the community about organ, tissue, and cornea donation advancing two levels higher to achieve the Platinum Award from the Center for Organ Recovery and Education (CORE). This distinction reflects the continued growth and maturity of PCH's organ donation and transplant support program and its expanding integration across clinical settings.

In addition, care teams at both the main hospital and the Bluefield Emergency Department were honored with two West Virginia Governor's Awards for Life for their exceptional support of tissue and cornea donation, further underscoring systemwide progress.

The impact of these efforts is clear. In 2024, the generosity of PCH donors and their families resulted

in five organ donors saving up to five lives, 17 tissue donors helping heal up to 1,275 individuals, and 12 cornea donors restoring sight for up to 24 people.

Organ, tissue, and cornea donation saves lives, improves quality of life, and offers hope to patients and families in need. **More than 100,000 people nationwide are currently waiting for a transplant, yet the need far exceeds the number of donors available. A single organ donor can save up to eight lives and heal dozens more through tissue donation making each decision to donate profoundly life-changing.**

CORE coordinates organ, tissue, and cornea donation across West Virginia and western Pennsylvania, working closely with hospitals and donor families to ensure every gift of donation is honored and maximized through transplantation. ■

New Providers

Welcome to our new physicians and advanced practitioners

Princeton Community Hospital

David Gozal, MD
Pediatric Pulmonologist

Anil Patel, MD
Anesthesiology

Glenn Sutphin, FNP-C
Hospitalist

Tyler Harper, MD
Anesthesiology

Tiffany Miller, CRNA
Anesthesiology

Ahmed Maky, MD
Hospitalist

Corey Vest, APRN, CNP
Hospitalist

Stacy Briley, APRN, CNP
Emergency Medicine

Beckley Primary Care and Vein Clinic

Matthew Arvon, MD
Primary Care

Blue Ridge Internal Medicine

Chereign Kelsor, APRN,
FNP-BC
Primary Care

Endocrinology

Nadia Barghouthi, MD
Endocrinologist

Christopher McCartney, MD
Endocrinologist

Pediatrics

Samantha Stepp, CPNP-PC
Pediatrics

Accepting New Patients

Primary and Behavioral Health Care Providers Operated by WVU Medicine Princeton Community Hospital

BEHAVIORAL HEALTH CARE

PCH Behavioral Health Center Counseling Program

1333 Southview Drive
Bluefield, WV 24701
304-327-9205

Debra Dees, PA-C
Bethany Gravely
Angela Leagans,
PMHNP-BC
Cheryl Taylor, PhD

PRIMARY CARE

Athens Medical Center

401 Vermillion Street
Athens, WV 24712
304-384-7325

Dr. Jessica Aliff
Natasha Barker, PA

Beckley Primary Care and Vein Clinic

615 Market Road
Beckley, WV 25801
304-252-3900

Dr. Matthew Arvon

Bluefield Family Medicine

106 Huffard Drive
Bluefield, VA 24605
276-322-3427

Dr. LaDonna Bowling
Cathy Bryson, NP
Amy Harrup, NP

Bluefield Internal Medicine

510 Cherry Street,
Ste. 206
Bluefield, WV 24701
304-324-2661

Amy Alvis, PA-C
Dr. Kristie Burks
Kim Matzel, PA-C

Blue Ridge Internal Medicine

407 12th Street Ext.
Princeton, WV 24740
304-487-0232

Chereign Kelsor, MSN,
BSN, RN
Dr. Eric McClanahan
Ashley Larkin, NP

Pediatrics

114 Undercliff Terrace
Princeton, WV 24740
304-425-0025

Samantha Stepp,
CPNP-PC
Dr. Lyndsey Weatherly

Princeton Community Hospital Primary Care

118 12th Street
Princeton, WV 24740
(Behind PCH)
304-487-7936

Dr. Martye Marshall
Caleb McDonald,
APRN, FNP
Amanda Neal, CRNP
Kasandra
Nelson-Jones, PA-C
Ariel Schulte, PA-C